

Good Way of thinking about sport.

"To Win the Game is Great"

"To Play the Game is Greater"

"To Love the Game is the Greatest of All"



What's the different between youth sport and professional sport?

- ✦ Kids play with their heart.
- ✦ Professional play for money.



My sight of sport.

- ✦ To work with youth players is great.
- ✦ To see them grow is the greatest of all.



What make the different between a dog and a human.

- ✦ You whistle on dogs.
- ✦ You communicate with human.



Pablo Picasso

- ✦ **" Every Child is an artist! The problem is how to remain an artist once he grew up".**



Grow.

- ✦ It's impossible to fly like an eagle if you only surround your self with turkey's.

John Kalench



We are working with three components in hockey.
Who?

- ✦ The feet
- ✦ The hands
- ✦ The head



The phenomenal power of the human mind

- ✦ I cdnuolt blveiee taht I cluod aulacnty uesdnatnrd waht I was rdanieg The phaonmneal pweor of the hmuan mnid! Aoccdrnig to a rscheearch at Cmabrigde Uinervtisy, it deosn't mtttaer inwaht oredr the ltteers in a wrod are, the olny iprmoatnt tihng is taht the frist and lsat ltteer be in the rghit pclae. The rset can be a faotl mses and you can sitll raed it wouthit a porbelm. Tihis is bcuseae the huamn mnid deos not raed ervey lteter by istlef, but the wrod as a wlohe. Amzanig huh? Yaeh, and I awlyas thought spleling was ipmorantt.

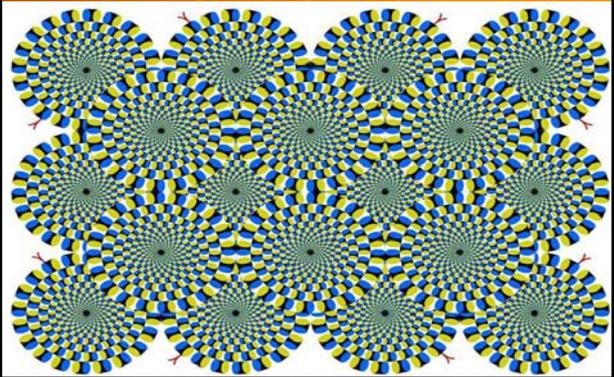


The Brain is the most important part.

- ✦ The human mind is like a parachute, it only functions when it's open!!!!!!!!!!!!!!



If something's rotating – go home, you need a break!



The human brain ...

... tricks us whenever it can!



Yin & Yang.

- ✦ It's the same as our brain, two sides.
- ✦ One (the left side) is structured.
- ✦ One (the right side) is creative.



What's the different between self-confidence and self-esteem?

- ✦ What I do.
- ✦ Who I am.



I recommend this book.

- ✦ A Whole New Mind – Moving from the Information Age to the Conceptual Age.

✦ By Daniel H. Pink



What's the key of building a Team?

Treat the players equal, through treating them different.

- ✦ Why?
- ✦ Because they are different.



Björn Pettersson

- ✦ Tränare i 39 år.
- ✦ Skrivit boken framgångsrikt ungdomsledarskap.
- ✦ Senior lag: *Timrå IK, Arlanda, Nynäshamn, Njurunda och Kramfors Alliansen.*
- ✦ Pojklag: AIK -59or, -84or, -87or, -90or.
- ✦ TV-pucken -66or, 86or.
- ✦ Sverigepucken -67or, 74or, 83or.
- ✦ Stockholms hockeygymnasium 1981.
- ✦ Kurser: Steg 3, steg 4, HTU och ETU.
- ✦ Hockeykonsulent på Svenska ishockeyförbundet
- ✦ Anlitad av IIHF (internationella ishockeyförbundet)
- ✦ Professionell personlig coach inom ICF

Team.

- ✦ Together
- ✦ Everyone
- ✦ Achieve
- ✦ More

